DIRECTIONS

Adults take two (2) tablets daily, preferably with food or as directed by doctor.

The synergy of 27 Key ingredients for hair, skin, and nails in one. This product Promotes strong, healthy hair and flexible nails. This product contain ahigh concentration of biotin which is used for growth, repair and maintenance healthy hair, also support collagen synthesis and healthy skin.

WARNING-KEEP KEEP OUT OF REACH OF CHILDREN. DO NOT EXCEED RECOMMENDED DOSE. DO NOT PURCHASE IF OUTER SEAL IS BROKEN OR DAMAGED. When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are prepanant or lactating.

STORE TIGHTLY CLOSED IN A COOL, DRY PLACE.









Hair, Skin & Nails



With Biotin **5000**, Antioxidants and Keratin

60 Tablets Dietary Supplement

Supplement Facts

Suppleme	ent Fa	Cts
Serving Size: Servings Per Container:	2	Tablets 60
Amount Per Serving	% Daily	Value
Vitamin A	5000 IU	100%
Vitamin C Vitamin D3	60 mg 1000 IU	100% 250%
Vitamin E Thiamin (Vitamin B1)	15 IU 5 mg	50% 333%
Riboflavin (Vitamin B2) Niacin	5 mg 25 mg	294% 125%
Vitamin B6 Folic Acid	5 mg 200 mcg	250% 50% 133%
Vitamin B12 Biotin	8 mcg 5000 mcg	50%
Pantothenic Acid Calcium	15 mg 260 mg	133% 1667% 150%
Phosphorus Magnesium Zinc	128 mg 50 mg 7.5 mg	26% 13%
Manganese PARA	2 mg 10 mg	13%
Choline Bitartrate	10 mg 30 mg	100%
RNA	10 mg	**
Citrus Bioflavonoids	30 ma	**
Rutin	8 mg	**
Horsetail Hydrolyzed Collagen	3 mg 50 mg	**
Alpha-Lipoic Acid	10 mg	**
Keratin	100 mg	**

Other Ingredients:Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Cellulose, Maltodextrin, Mannitol



Produced for. PCLQ Europe . Sweden Info@pclq-europe.com