

DIRECTIONS:

Take 1 capsule 30 to 60 minutes before bed with 8 ounces of water or as directed by your health care professional. All-Natural Sleep Now helps to support a healthy sleep cycle. Changes in light as well as aging may disrupt natural melatonin production. Melatonin, Valerian Root, Passion Flower, and Magnesium work to help promote a more normal, restful sleep and help regulate sleep and wake cycles.

WARNING:

KEEP OUT OF REACH OF CHILDREN.
DO NOT EXCEED RECOMMENDED DOSE.
DO NOT PURCHASE IF OUTER SEAL IS BROKEN OR DAMAGED
If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use.
STORE TIGHTLY CLOSED IN A COOL, DRY PLACE.



SLEEP NOW

Natural Sleep Formula



Fall Asleep Fast
Stay Asleep
Wake Up Refreshed

60 Capsules

DIETARY SUPPLEMENT

3mg
MELATONIN

100%
NATURAL

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount per Serving	% Daily Value	
Valerian Root Powder	265 mg	**
Passion Flower Leaf	130 mg	**
Magnesium Oxide	120 mg	**
Melatonin	3 mg	**

** Percent Daily Values are based on 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Mixed Tocopherols, Lecithin, Beewax.

No Artificial Colors, Flavor Or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, Sodium Free.



Produced for:
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